

# Mastering the Zodiac

## House Meanings

*Areas of Life*

**1<sup>st</sup> House:** Matters relating to self-awareness and asserting your will into the world

*Internal Areas:* self-awareness, physical energy, independence, self-confidence, assertiveness

*External Areas:* self-image, appearance, aspirations, personality, physical body, new beginnings, the self

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 7<sup>th</sup> house.*

*Resource:*     [Video on the 1<sup>st</sup> House](#)

**2<sup>nd</sup> House:** Matters relating to self-reliance and working with the natural world

*Internal Areas:* self-reliance, resourcefulness, affluence, inner resources, talents, values, self-worth

*External Areas:* personal resources, finances, wealth, possessions, material values, sensual pleasures

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 8<sup>th</sup> house.*

*Resource:*     [Video on the 2<sup>nd</sup> House](#)

**3<sup>rd</sup> House:** Matters relating to the rational mind and communicating with and learning from others

*Internal Areas:* practicality, sociability, communication, flexibility, lightheartedness, left-brain intelligence

*External Areas:* thoughts, practical ideas, writing, correspondence, immediate environment, peers, siblings

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 9<sup>th</sup> house.*

*Resource:*     [Video on the 3<sup>rd</sup> House](#)

**4<sup>th</sup> House:** Matters relating to feelings and caring for and nurturing others

*Internal Areas:* receptiveness, affection, sentimentality, introversion, feelings, emotional security, the soul

*External Areas:* home, family, past, roots, emotional foundations, traditions, care, land, domestic life, privacy

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 10<sup>th</sup> house.*

*Resource:*     [Video on the 4<sup>th</sup> House](#)

**5<sup>th</sup> House:** Matters relating to self-expression, passion, and creativity

*Internal Areas:* self-expression, creativity, passion, playfulness, romantic love, pleasure, fun, excitement

*External Areas:* children, romance, creative projects, start-ups, arts, entertainment, recreation, speculation

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 11<sup>th</sup> house.*

*Resource:* [Video on the 5<sup>th</sup> House](#)

**6<sup>th</sup> House:** Matters relating to the improvement of self, crafts, environment, or helping others improve

*Internal Areas:* self-improvement, refinement, growth, organization, service, helpfulness, charitableness

*External Areas:* routine, everyday work, health, diet, methods, habits, crafts, skills, work practices, assistance

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 12<sup>th</sup> house.*

*Resource:* [Video on the 6<sup>th</sup> House](#)

**7<sup>th</sup> House:** Matters relating to justice, mutuality, and one-on-one relationships

*Internal Areas:* balance, harmony, fairness, conscientiousness, morality, impartiality, cooperativeness

*External Areas:* relationships, partnerships, marriage, agreements, legal matters, business dealings

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 1<sup>st</sup> house.*

*Resource:* [Video on the 7<sup>th</sup> House](#)

**8<sup>th</sup> House:** Matters relating to transparency, healing, and the depth of life

*Internal Areas:* transparency, regeneration, non-attachment, communion, acceptance, deeper self

*External Areas:* deep connections, others resources, bonds, endings and beginnings, hidden things, healing

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 2<sup>nd</sup> house.*

*Resource:* [Video on the 8<sup>th</sup> House](#)

**9<sup>th</sup> House:** Matters relating to the exploration of life and life's purpose

*Internal Areas:* adventurousness, open mindedness, optimism, purpose, freedom, expansion, spirit, wisdom

*External Areas:* philosophy, higher learning, teachings, gurus, travel, matters abroad, publishing, broadcasting

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 3<sup>rd</sup> house.*

*Resource:* [Video on the 9<sup>th</sup> House](#)

**10<sup>th</sup> House:** Matters relating to legacy, life's work, and public life

*Internal Areas:* commitment, determination, dedication, responsibility, mastery, maturity, discipline

*External Areas:* career, vocation, public image, recognition, achievements, legacy, authorities, experts

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 4<sup>th</sup> house.*

*Resource:*     [Video on the 10<sup>th</sup> House](#)

**11<sup>th</sup> House:** Matters relating to groups, community, and causes

*Internal Areas:* contribution, ideals, visions, aspirations, group orientation, humanitarianism

*External Areas:* groups, friends, networks, community, causes, career values, philanthropy, organizations

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 5<sup>th</sup> house.*

*Resource:*     [Video on the 11<sup>th</sup> House](#)

**12<sup>th</sup> House:** Matters relating to inner peace and connectedness

*Internal Areas:* intuition, presence, mindfulness, faith, empathy, compassion, connection with God

*External Areas:* meditative time, rest, dreams, isolation, spirituality, unresolved things, psychic abilities

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 6<sup>th</sup> house.*

*Resource:*     [Video on the 12<sup>th</sup> House](#)