Mastering the Zodiac

House Meanings

Areas of Life

1\textsuperscript{st} House: Matters relating to self-awareness and asserting your will into the world

\textit{Internal Areas}: self-awareness, physical energy, independence, self-confidence, assertiveness
\textit{External Areas}: self-image, appearance, aspirations, personality, physical body, new beginnings, the self
\textit{Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 7\textsuperscript{th} house.}
\textit{Resource:} Video on the 1\textsuperscript{st} House

2\textsuperscript{nd} House: Matters relating to self-reliance and working with the natural world

\textit{Internal Areas}: self-reliance, resourcefulness, affluence, inner resources, talents, values, self-worth
\textit{External Areas}: personal resources, finances, wealth, possessions, material values, sensual pleasures
\textit{Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 8\textsuperscript{th} house.}
\textit{Resource:} Video on the 2\textsuperscript{nd} House

3\textsuperscript{rd} House: Matters relating to the rational mind and communicating with and learning from others

\textit{Internal Areas}: practicality, sociability, communication, flexibility, lightheartedness, left-brain intelligence
\textit{External Areas}: thoughts, practical ideas, writing, correspondence, immediate environment, peers, siblings
\textit{Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 9\textsuperscript{th} house.}
\textit{Resource:} Video on the 3\textsuperscript{rd} House

4\textsuperscript{th} House: Matters relating to feelings and caring for and nurturing others

\textit{Internal Areas}: receptiveness, affection, sentimentality, introversion, feelings, emotional security, the soul
\textit{External Areas}: home, family, past, roots, emotional foundations, traditions, care, land, domestic life, privacy
\textit{Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 10\textsuperscript{th} house.}
\textit{Resource:} Video on the 4\textsuperscript{th} House
5th House: Matters relating to self-expression, passion, and creativity

*Internal Areas:* self-expression, creativity, passion, playfulness, romantic love, pleasure, fun, excitement

*External Areas:* children, romance, creative projects, start-ups, arts, entertainment, recreation, speculation

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 11th house.*

*Resource:* [Video on the 5th House](#)

6th House: Matters relating to the improvement of self, crafts, environment, or helping others improve

*Internal Areas:* self-improvement, refinement, growth, organization, service, helpfulness, charitableness

*External Areas:* routine, everyday work, health, diet, methods, habits, crafts, skills, work practices, assistance

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 12th house.*

*Resource:* [Video on the 6th House](#)

7th House: Matters relating to justice, mutuality, and one-on-one relationships

*Internal Areas:* balance, harmony, fairness, conscientiousness, morality, impartiality, cooperativeness

*External Areas:* relationships, partnerships, marriage, agreements, legal matters, business dealings

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 1st house.*

*Resource:* [Video on the 7th House](#)

8th House: Matters relating to transparency, healing, and the depth of life

*Internal Areas:* transparency, regeneration, non-attachment, communion, acceptance, deeper self

*External Areas:* deep connections, others resources, bonds, endings and beginnings, hidden things, healing

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 2nd house.*

*Resource:* [Video on the 8th House](#)

9th House: Matters relating to the exploration of life and life's purpose

*Internal Areas:* adventurousness, open mindedness, optimism, purpose, freedom, expansion, spirit, wisdom

*External Areas:* philosophy, higher learning, teachings, gurus, travel, matters abroad, publishing, broadcasting

*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 3rd house.*

*Resource:* [Video on the 9th House](#)
10th House: Matters relating to legacy, life’s work, and public life

*Internal Areas:* commitment, determination, dedication, responsibility, mastery, maturity, discipline
*External Areas:* career, vocation, public image, recognition, achievements, legacy, authorities, experts
*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 4th house.*
*Resource:* [Video on the 10th House](www.masteringthezodiac.com)

11th House: Matters relating to groups, community, and causes

*Internal Areas:* contribution, ideals, visions, aspirations, group orientation, humanitarianism
*External Areas:* groups, friends, networks, community, causes, career values, philanthropy, organizations
*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 5th house.*
*Resource:* [Video on the 11th House](www.masteringthezodiac.com)

12th House: Matters relating to inner peace and connectedness

*Internal Areas:* intuition, presence, mindfulness, faith, empathy, compassion, connection with God
*External Areas:* meditative time, rest, dreams, isolation, spirituality, unresolved things, psychic abilities
*Balanced by not going to any over or under extremes of the areas listed above. Also balanced by the 6th house.*
*Resource:* [Video on the 12th House](www.masteringthezodiac.com)